

2024 | THANK YOU FOR SOWING THESE SEEDS OF GROWTH



253,224

Servings provided to date since 2013



257

Total volunteers



3,325

Clients and caregivers served to date



\$287,160

Total value of 2024 volunteer work



106

Teen volunteers



8,575

Total 2024 volunteer hours



"Your care and attention to those facing difficulties not only provide practical assistance but also bring a sense of support and warmth. This is truly invaluable, and I deeply appreciate your efforts."

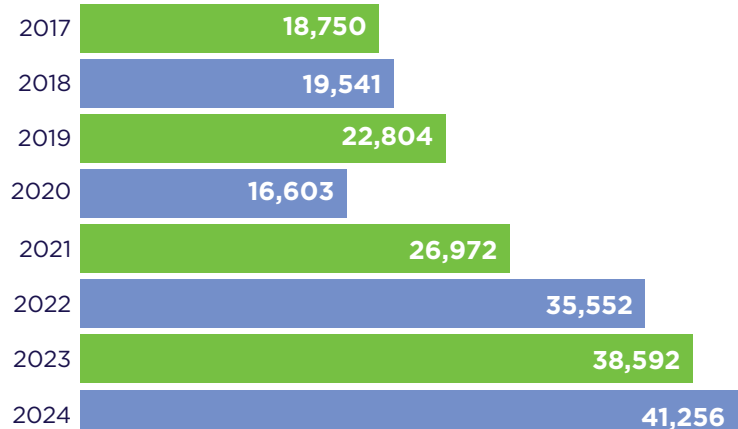
- client, Viktoriia

"Your service filled a gap I didn't know needed filling. Your food provides love, care, nutrition and support to people undergoing a very lonely impossible journey in life. Words fail me - as I try to express what an incredible service you provide"

- client, Nancy



Growth in Servings Provided 2017 - 2024



We nourish the bodies, minds, and hearts of those facing cancer through the power of healthy meals and nutrition education.

THE HEIMERDINGER FOUNDATION MEALS 4 HEALTH & HEALING | HFMEALS.ORG | 615.730.5632