



## ADULT VOLUNTEER APPLICATION

Full Name: \_\_\_\_\_ Date: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

Zip Code: \_\_\_\_\_ Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Date of Birth (MM/DD/YYYY): \_\_\_\_\_ What days/times are you able to volunteer? \_\_\_\_\_

Ethnicity:  Caucasian  Asian  Hispanic/Latino  African American  Other: \_\_\_\_\_

Gender:  Male  Female  Other

How did you hear about the Meals 4 Health and Healing Program? Please also tell us what interests you about volunteering with The Heimerdinger Foundation.

---

---

---

---

Please check the areas where you have experience and/or interest.

Delivery Angel       Food Procuring & Pick Up       Cooking       Gardening       Events/Fundraising  
 Food Prep & Packaging       Office Administration

### **Emergency Medical Release Information**

Emergency Contact Name: \_\_\_\_\_ Contact Phone Number: \_\_\_\_\_

Do you have known allergies?  Yes  No

If yes, please list: \_\_\_\_\_

In case of emergency, take me to the following hospital (please check one):

Nearest hospital      OR       \_\_\_\_\_ (name of hospital)

**Emergency Release** If, in the judgment of the staff of **Meals 4 Health and Healing**, the person named above needs immediate care and treatment as a result of any injury or sickness, I hereby give permission to the staff to secure proper treatment for said person. I do hereby consent to whatever x-ray, examination, anesthetic, medical, surgical, or dental diagnosis or treatment and hospital care are considered necessary in the best judgment of the attending physician, surgeon, or dentist and performed by or under the supervision of the medical staff of the hospital or facility furnishing medical or dental services. It is further understood that the undersigned will assume full responsibility for any such action, including payment of costs. I do hereby agree to indemnify and hold harmless **Meals 4 Health and Healing** (including its officers, directors, staff members, and/or volunteers) from any claim by any person whomsoever on account of such care and treatment of said person.

PRINT NAME

SIGNATURE

DATE



## **Confidentiality**

Thank you for volunteering for The Heimerdinger Foundation Meals 4 Health and Healing Program.

I \_\_\_\_\_, agree to keep confidential all client information or otherwise private information of The Heimerdinger Foundation Meals 4 Health and Healing Program.

## **Volunteer Agreement and Release From Liability**

1. I, \_\_\_\_\_ (print name), agree to volunteer for The Heimerdinger Foundation, a Tennessee nonprofit corporation and/or its program Meals 4 Health and Healing.
2. I am aware that participation as a volunteer may require periods of standing, lifting, and carrying up to 40 pounds and will require the exercise of reasonable care to avoid injury. I am voluntarily participating in this activity with knowledge of the hazards and potential dangers involved, and agree to accept any and all risks of personal injury and property damage.
3. I do hereby grant permission to The Heimerdinger Foundation, Inc., the Meals 4 Health and Healing program and/or its designated representative to permit my picture to be taken, or likeness reproduced and disseminated via various media and/or communication vehicles such as local newspapers and the Foundation website, or to be otherwise utilized by the Foundation in regard to the Foundation's approved events and activities including use of name, voice, and/or writings and reproductions of the same in any form. I hereby release the Foundation and any of its officers, directors, employees, agents, and volunteers from liabilities arising out of what I might deem misrepresentations by virtue of distortion, optical illusions, or faulty mechanical reproductions. The publicity I shall receive by virtue of the first such use that may be made thereof shall be full and adequate compensation for this consent. I agree all such uses of my name, voice, likeness, portraits, pictures, photographs, films, videotapes, audiotapes, or writings and reproductions thereof, including but not limited to tapes, plates, and negatives connected therewith are and shall remain the property of The Heimerdinger Foundation, Inc and/or its designated representative.
4. As consideration for volunteering for the Heimerdinger Foundation, I hereby agree that I, and my assignees, heirs, guardians, and legal representatives will not make a claim against or sue the Heimerdinger Foundation or its employees, agents, or contractors for injury or damage resulting from the negligence, whether active or passive, or other acts, however caused, by any of its officers, employees, agents, or contractors of The Heimerdinger Foundation as a result of my volunteering. I HEREBY RELEASE AND DISCHARGE THE HEIMERDINGER FOUNDATION AND ITS OFFICIERS, EMPLOYEES, AGENTS, AND CONTRACTORS FROM ALL ACTIONS, CLAIMS, OR DEMANDS THAT I, MY HEIRS, GUARDIANS, AND LEGAL REPRESENTATIVES NOW HAVE, OR MAY HAVE IN THE FUTURE, FOR INJURY OR DAMAGE RESULTING FROM MY PARTICIPATION AS A VOLUNTEER.
5. I UNDERSTAND THAT IF I AM INJURED IN THE COURSE OF VOLUNTEERING, I AM NOT COVERED BY THE HEIMERDINGER FOUNDATION. If volunteering for the Meals 4 Health and Healing program to work in the kitchen, I SPECIFICALLY UNDERSTAND THE RISKS OF INJURY WORKING IN A KITCHEN SUCH AS KNIFE CUTS AND BURNS I authorize the Heimerdinger Foundation to seek emergency medical treatment on my behalf in case of injury, accident, or illness to me arising from my involvement as a volunteer. I have provided the Heimerdinger Foundation with a current updated emergency medical release form. I understand that I will be responsible for medical costs incurred by such accident, illness, or injury.
6. I understand that all client lists, volunteer lists, menus, recipes, and any other of the materials or tools provided by Meals 4 Health and Healing are and remain the property of Meals 4 Health and Healing. I agree that I may not use any of the property of Meals 4 Health and Healing for personal or business gain, and I agree to return any tools and any remaining materials to Meals 4 Health and Healing at the end of my volunteer service.
7. **I HAVE CAREFULLY READ THIS AGREEMENT AND FULLY UNDERSTAND ITS CONTENTS. I AM AWARE THAT THIS IS A RELEASE OF LIABILITY, AND SIGN IT OF MY OWN FREE WILL.**

---

DATE

VOLUNTEER SIGNATURE

PRINTED NAME